

## LIGHT TREATMENTS

### KARL STONECIPHER, MD

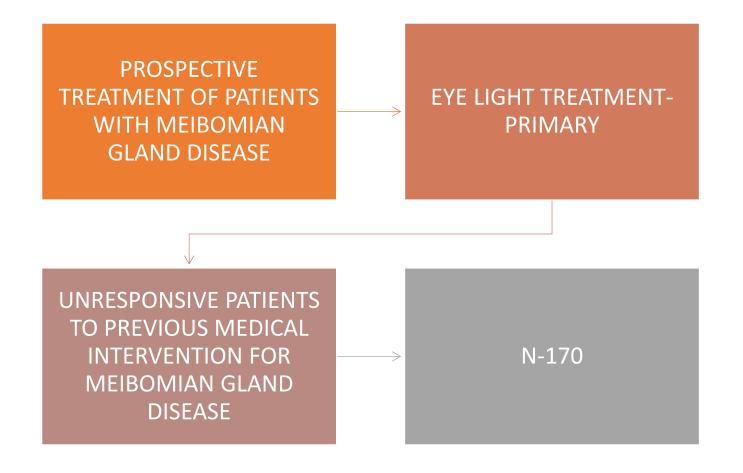
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## STUDY DESIGN

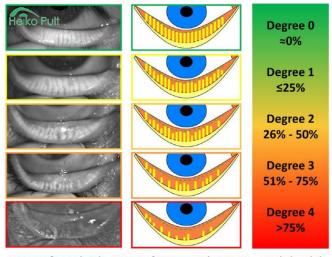
# OUR BASIC WORK UP CONSISTS OF THE FOLLOWING

**SLIT LAMP EXAM** •MEIBMIAN GLAND SCORE TEAR BREAK UP **OCULAR** ME-CHECK **TOPOGRAPHY** •1-EXPRESSION OF TURBID TIME SURFACE **SCREENING TOMOGRAPHY** (SECONDS) **DISEASE INDEX** •2-EXPRESSION OF TURBID •3-EXPRESSION OF PASTE •4-NO EXPRESSION

## ME-CHECK SCREENING

#### Meiboscale - Lower Eyelid

#### Area of Loss



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MEBOMIUM GLAND DISEASE

**OBJECTIVE EVALUATION** 

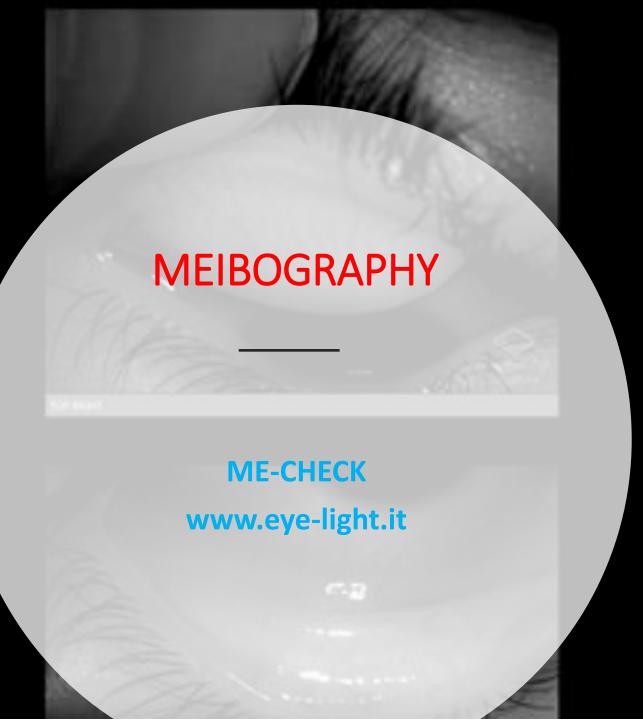
#### TEAR BREAK UP TIME-OBJECTIVE EVALUATION SECONDS



#### SUBJECTIVE EVALUATION-OSDI 6









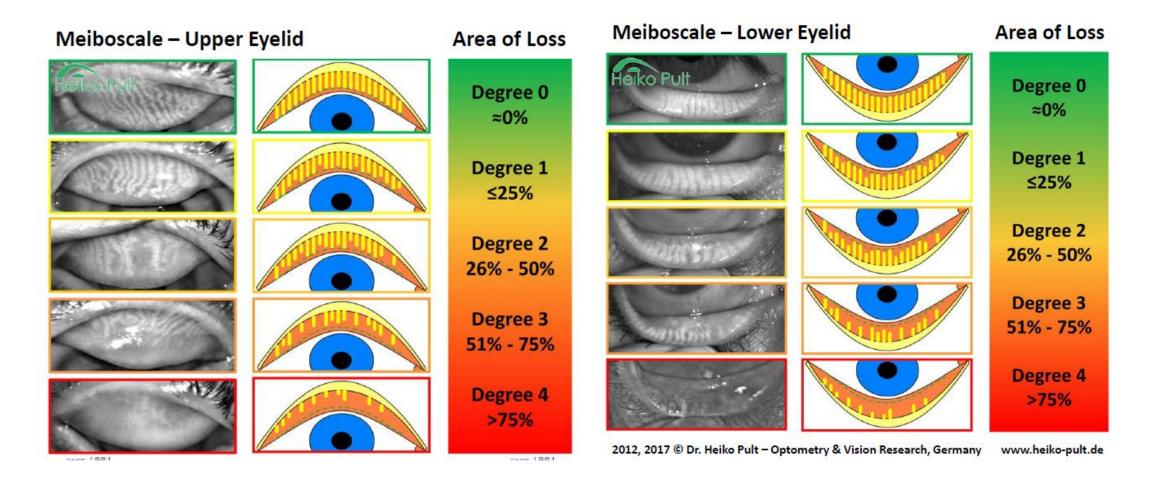
Meiboscale

Area of Loss



Degree 3 51% - 75% >

## ME-CHECK PULT SCALE

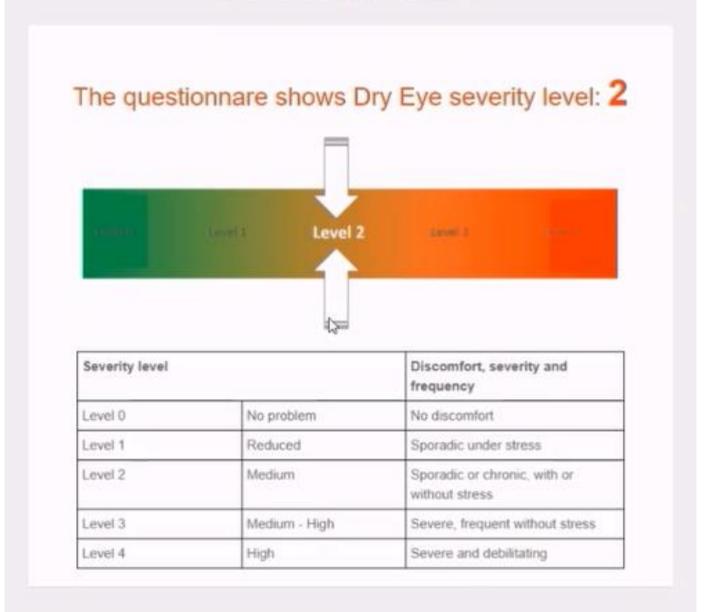


## OCULAR SURFACE DISEASE INDEX (OSDI 6)

- NORMAL 0-12
- MILD 13-22
- MODERATE 23-32
- SEVERE 33-100

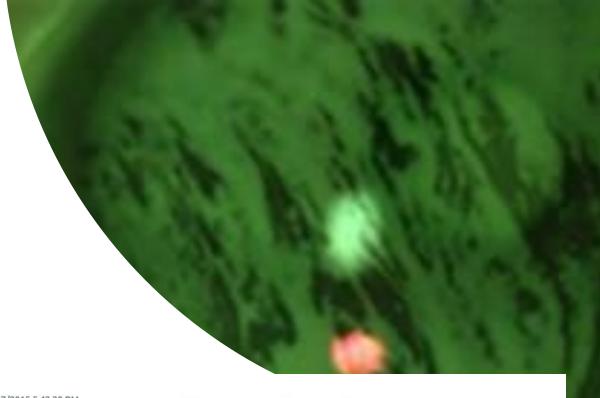
Pult / Wolffsohn

#### Screening Dry Eye



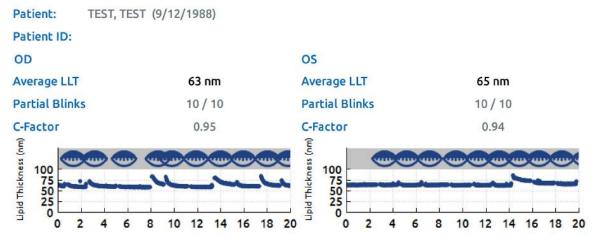
## WE CONSIDER ANYTHING LESS THAN 7 SECONDS ABNORMAL

# TEAR BREAK UP TIME SECONDS



10/27/2015 5:42:20 PM LipiView® Serial Number: 02055

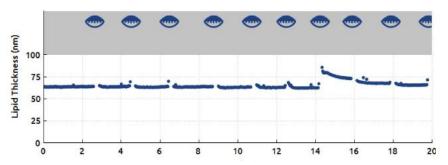
#### **Summary Report**

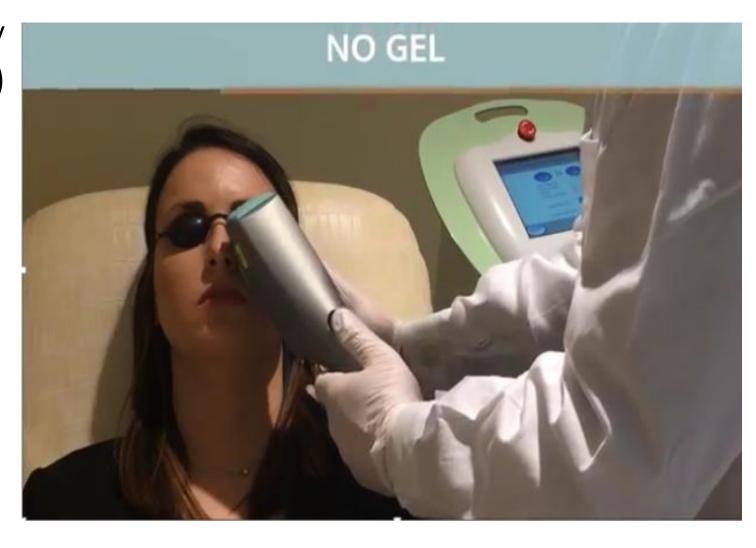


# Intense Pulsed Light Therapy (OPE-Optimal Power Energy)

The interaction of OPE/IPL technology with tissue is essentially thermal, and it allows to optimize heat emission, stimulating the Meibomian glands to resume improved functionality.







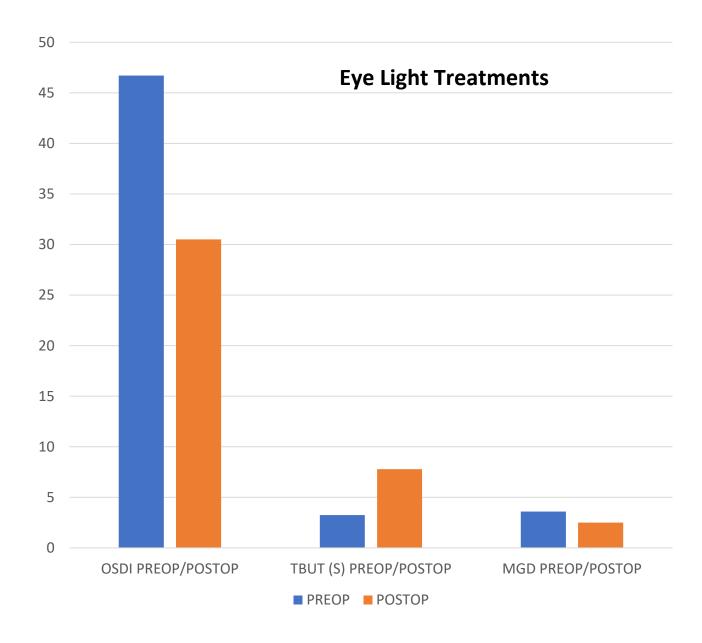
**OPE® (IPL)** is a polychromatic light that thanks to thermal pulses stimulates the Meibomian glands to resume normal activities. Applied to the periorbital areas and cheekbone, it stimulates contraction of the glands, increasing the lipid stream and reducing the evaporation of tears.

### Low Level Light Therapy (LLLT)

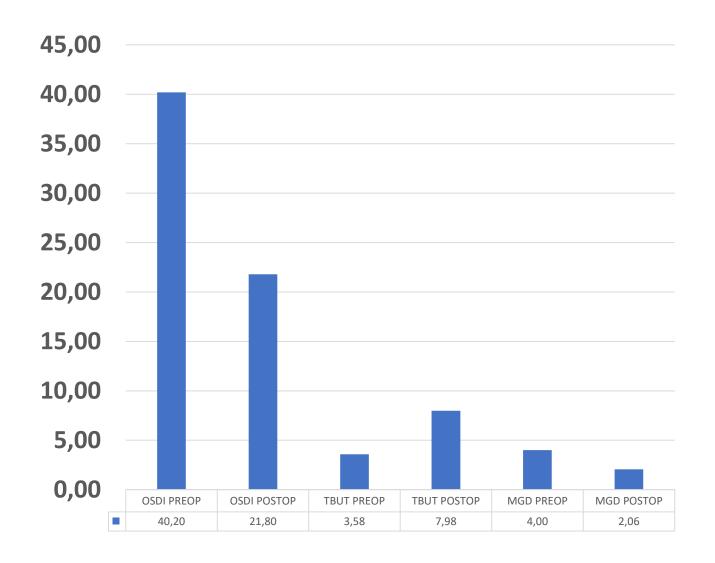
LIGHT MODULATION® (LLLT) is a unique technology of photobiomodulation used for many years in various fields of medicine (dermatology, dentistry, etc.). The emission of a particular light - to a certain wavelength - triggers an endogenous heating of the eyelids. This treatment eases the spill - from the Meibomian glands - of the tear film's oily component, stabilizing the lipid layer of the tear.

The emission of light requires a specific wavelength and a proper distance to obtain a deep impact on the treated tissue. Cells absorb light photons and transform their energy into biochemical energy producing this way the metabolic processes required to repair and regenerate cells. Light modulation is a patented photobiomodulation technology, a strong metabolic enhancer that stimulates the production of ATP (Adenosine Triphosphate) to increase cellular action and emphasize cells activities. The Light-emitting diode/LED emitting matrix trigger eyelids endogenous heat, directly stimulating the normalization of glands and supporting the thermal impact of the OPE technology.





# RESULTS N-170



## **RESULTS**

